

MSL Rules and Format

The Middle School League (MSL) will use the following rules and procedures for league play

Games will be according to FIFA Laws of the Game with the following modifications

Roster size:

14 player maximum

Game Format:

7 v 7, 6 field players and a goalkeeper.

Minimum number of players to start a game is 6

Duration of play:

Junior Varsity - 2 x 25 minute halves, 5 minute halftime

Varsity - 2 x 30 minute halves, 5 minute halftime

The Ball:

Junior Varsity #4

Varsity #5

Field of play:

Width: 50 – 60 yards

Length: 80 – 90 yards

Goals:

7 feet x 21 feet

Referee:

Center referee only, club linesmen at the referee's discretion

Substitutions:

Unlimited with regard to the number of players and re-entry

At any stoppage of play, with the referee's permission, regardless of possession (this is actually NOT a FIFA modification but a deviation from most youth leagues so it is listed here)